



**To ensure a safe environment for students requiring medication, whether scheduled or unscheduled, please adhere to the following guidelines:**

**Medication Administration Update:**

- Effective immediately, the Texas Board of Nursing requires that all medication administration, including non-prescription medications, must be accompanied by a valid doctor's order. Our Registered Nurse (RN) will no longer accept or administer any medication based solely on a parent's written request.
- All prescription and non-prescription medications must be accompanied by a valid doctor's order to be administered at school. Medications presented without this documentation will not be accepted or administered.
- Please ensure that any medication your child might need during school hours is accompanied by the necessary doctor's order and is delivered in its original, unopened container. This will help us provide the attentive care your child deserves.

**Scheduled Medications:**

- Medications must be brought to the school nurse by a parent or legal guardian directly.
- Complete and obtain physician's signature on the Medication Authorization form. Please note, only FDA-approved medications will be administered.

- Herbal supplements, vitamins/minerals, homeopathic preparations, essential oils, and dietary supplements will not be administered unless FDA-approved.

- Students should not carry medications with them, except for pre-approved items like inhalers, Epi-pens, or diabetic supplies.

### **Over-the-Counter Medications:**

- Medications such as Tylenol or Motrin must be received in unopened, unexpired containers.

- A physician's order is required for all medications, including over-the-counter (OTC) medications.

### **Medical Condition Documentation:**

- If your child has medical conditions that require specific action plans, such as asthma, allergy/anaphylaxis, diabetes, or seizure disorders, please provide the appropriate documentation to the school clinic. This will help us manage these conditions with the utmost care and efficiency. Action plans are available from the school nurse by request and will be posted on the school website soon.

### **Immunization Records:**

- Please ensure that your child's immunization records are up to date. Report any vaccines received to the clinic with proper documentation. Keeping these records current helps us maintain a safe and healthy environment for all our students.

## **Guidelines for Keeping Sick Students Home:**

### **General Illness:**

- Keep a sick child at home until they can fully participate in school activities and until symptoms resolve. This helps prevent the spread of communicable diseases.

### **Fever:**

- A fever is defined as a temperature of 100.0°F or higher. Children must stay home until they have been fever-free for 24 hours without the use of fever-reducing medications.

### **Vomiting or Diarrhea:**

- Children should remain home until they are symptom-free for 24 hours.

### **Pink Eye (Conjunctivitis):**

- After a diagnosis of pink eye, a child should not return to school until they have been on prescribed medication for at least 24 hours.

### **Head Lice:**

- Students with active head lice must be treated before returning to school. Parents should continue to check for recurrence.

***If your child has been evaluated by a healthcare provider, please provide a note to the School Nurse if accommodations are needed.***

***Together, we can help reduce the spread of illness. Notify Nurse Johnson of any health concerns at 281-587-6415 or via email at***

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