

### COUGAR CAFÉ (MAIN ENTRÉE)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b> TURKEY SLIDERS FRESH VEGETABLE FRESH FRUIT	<b>2</b> PASTA BAR ALFREDO OR RED SAUCE PENNE PASTA, GRILLED CHICKEN, BROCCOLI, BREADSTICK, FRESH FRUIT (GLUTEN FREE PASTA AVAILABLE)	<b>3</b> BREAKFAST FOR LUNCH HOMEMADE FRENCH TOAST EGGS BACON FRESH FRUIT	<b>4</b> PIZZA DAY PEPPERONI OR CHEESE PIZZA CAESAR SALAD, FRESH FRUIT
<b>7</b> BAKED POTATO BAR BBQ CHICKEN QUESO CHEESE FRESH VEGETABLE FIXINGS ON THE SIDE	<b>8</b> CHICKEN ENCHILADES HERB RICE FRESH VEGETABLE	<b>9</b> MAC & CHEESE MAPLE BACON, GARLIC BREADSTICK FRESH VEGETABLE FRESH FRUIT	<b>10</b> CHICKEN FRIED CHICKEN HOMEMADE GRAVY MASHED POTATOES GREEN BEANS	<b>11</b> NO SCHOOL
<b>14</b> FALL BREAK	<b>15</b> FALL BREAK	<b>16</b> FALL BREAK	<b>17</b> FALL BREAK	<b>18</b> FALL BREAK
<b>21</b> ALL BEEF MINI BAKED CORN DOGS OR TURKEY SLIDER HOUSE CHIPS FRESH VEGETABLE	<b>22</b> ULTIMATE GRILLED CHEESE SANDWICH W/TOMATO BASIL SOUP FRESH VEGETABLE	<b>23</b> SPAGHETTI & MEATBALLS GARLIC BREADSTICK FRESH VEGETABLE	<b>24</b> BREAKFAST FOR LUNCH CHICKEN & WAFFLES FRESH FRUIT	<b>25</b> PIZZA DAY PEPPERONI OR CHEESE PIZZA CAESAR SALAD, FRESH FRUIT
<b>28</b> NACHOS & QUESO W/ GROUND BEEF PINTO BEANS FRESH VEGETABLE	<b>29</b> BBQ CHICKEN BITES GLAZED SWEET POTATOES GREEN BEANS	<b>30</b> CHICKEN FETTUCCINE ALFREDO BREADSTICK FRESH VEGETABLE	<b>31</b> TENDER STEAK FAJITA BOWL FRESH VEGETABLE	

### WEEKLY GRAB & GO

- TUESDAY**  
Fried Shrimp Basket  
Calzones  
Fries
- WEDNESDAY**  
Breaded Chicken Sandwich  
Spicy Chicken Sandwich  
Waffle Fries
- THURSDAY**  
Hand-Formed Burgers  
Regular, Cheese, or Bacon & Cheese  
French Fries  
Jumbo Pretzels
- FRIDAY**  
Hand-Breaded Chicken Tenders  
Signature Sauces  
Bone-In Wings (Buffalo, Plain, and Chili Lime)  
French Fries

Signature Entrée Salads Offered Daily \$7.00  
Garden Salad Offered Daily \$3.50  
Variety Wraps Offered Daily \$5.75

#### FLAVORS OF THE MONTH

- Oregano
- Pumpkin
- Grapes
- Lima Beans

**NOW OFFERING BAKED POTATOES**

**DAILY**

**TOPPINGS AVAILABLE:**  
**SOUR CREAM, BACON, CHEESE,**  
**AND BUTTER**

**EXECUTIVE MANAGER**  
Gabriel McKnight  
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**LOCAL VENDORS**  
The Common Market  
#44 Farms

Fruits and vegetables provided by the local  
Atkinsons farm



Entree includes one side and choice of vegetable or fruit.  
Gluten-free options available everyday including bun substitution and gluten-free pasta.  
In addition to this menu, we offer snacks, healthy snacks and beverages.