

COUGAR CAFÉ (MAIN ENTRÉE)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 HAPPY NEW YEAR	2 NO SCHOOL	3 NO SCHOOL
6 NO SCHOOL	7 GROUND BEEF TACOS OR RAJAS (VEGETERIAN) TACO CITRUS RICE, SANTA FE ZUCCHINI FRESH FRUIT <u>\$8 PREMIUM MEAL</u> GRILLED SALMON	8 PASTA BAR ALFREDO OR RED SAUCE PENNE PASTA, GRILLED CHICKEN ROASTED BROCCOLI, GARLIC BREADSTICK FRESH FRUIT	9 FRENCH TOAST SAUSAGE PATTY, CREAMED CORN FRESH FRUIT <u>SOUP OF THE DAY</u> BROCCOLI CHEDDAR	10 PEPPERONI OR CHEESE PIZZA CUCUMBER SALAD FRESH FRUIT
13 CHICKEN NUGGETS (GRILLED OR CRISPY) MASHED POTATOES SPINACH MEDLEY, FRESH FRUIT <u>\$8 PREMIUM MEAL</u> SPICY CHICKEN & GRITS	14 TENDER BEEF AND BROCCOLI STEAMED RICE SAUTEED RED CABBAGE FRESH FRUIT	15 CHICKEN SPAGHETTI ROSAY ROASTED CAULIFLOWER CRAZY BREAD FRESH FRUIT	16 BREAKFAST TACOS BACON EGG AND CHEESE OR POTATO EGG AND CHEESE ROASTED POTATOES, FRESH FRUIT <u>SOUP OF THE DAY</u> CHICKEN NOODLE	17 ULTIMATE GRILLED CHEESE SANDWICH W/ TOMATO BASIL SOUP TANGELO FRUIT SALAD
20 NO SCHOOL	21 TEXAS RUBBED GRILLED CHICKEN SANDWICH BAKED TATER TOTS CELERY & CARROT STICKS <u>\$8 PREMIUM MEAL</u> JALAPENO POPPER BURGER	22 BAKED ZITI (ITALIAN SAUSAGE & PEPPERONI) W/ LEMON BASIL DRIZZLE HOMEMADE FOCACCIA BREAD GREEN BEAN MEDLEY FRESH FRUIT	23 BREAKFAST FOR LUNCH PANCAKES, EGGS, BACON FRESH FRUIT <u>SOUP OF THE DAY</u> CHICKEN AND SAUSAGE GUMBO	24 PIZZA CALZONE HAM AND CHEESE KALE AND ROMAINE SALAD FRESH FRUIT
27 NATIONAL CHOCOLATE CAKE DAY HAMBURGER OR CHEESEBURGER FALL ROASTED VEGETABLES FRESH FRUIT <u>\$8 PREMIUM MEAL</u> GRILLED SALMON	28 TENDER STEAK QUESIDILLAS W/ SPECIAL YCC SAUCE GREAT NORTHERN BEAN GLAZED CARROTS FRESH FRUIT	29 PASTA PRIMAVERA (VEGETERIAN) GARLIC BREADSTICK ITALIAN BROCCOLI FRESH FRUIT	30 WAFFLES SAUSAGE PATTY CUCUMBER SLICES FRESH FRUIT <u>SOUP OF THE DAY</u> MINISTRONE (VEGETABLE)	31 ALL BEEF HOT DOG SWEET POTATOES COLESLAW FRESH FRUIT

TEXAS GRILL
(GRAB & GO)

DAILY

- Sun Butter and Jelly Sandwich
- Ham Sandwich on Whole Wheat
- Turkey Sandwich on Whole Wheat
- Texas Rubbed Chicken Sandwich

NOW OFFERING BAKED POTATOES
DAILY

TOPPINGS AVAILABLE:
SOUR CREAM, BACON, CHEESE,
AND BUTTER

EXECUTIVE MANAGER
Gabriel McKnight (832)
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LOCAL VENDORS
The Common Market #44
Farms

Fruits and vegetables provided by the local
Atkinsons farm



*Gluten-free options available everyday including bun substitution and gluten-free pasta.
In addition to this menu, we offer snacks, healthy snacks and beverages.*