

COUGAR CAFÉ (MAIN ENTRÉE)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	1	2	3 PIZZA DAY PEPPERONI OR CHEESE KALE & ROMAINE CAESAR SALAD
6 NO SCHOOL	7 GROUND BEEF TACOS OR RAJAS (VEGETERIAN) TACO CITRUS RICE, SANTA FE ZUCCHINI FRESH FRUIT <u>\$8 PREMIUM MEAL</u> GRILLED SALMON	8 PASTA BAR ALFREDO OR RED SAUCE PENNE PASTA, SAUSAGE, CHICKEN, OR SHRIMP+ \$2 ROASTED BROCCOLI, GARLIC BREADSTICK	9 STEAK FAJUITA BOWL JACK CHEESE SAUCE, BEAN & CORN BLEND, TENDER MARINATED STEAK, SOUR CREAM & SEASONED RICE <u>SOUP OF THE DAY</u> BROCCOLI CHEDDAR	10 PIZZA DAY PEPPERONI OR CHEESE CUCUMBER SALAD FRESH FRUIT
13 CHICKEN NUGGETS (FRIED OR GRILLED) MASHED POTATOES SPINACH MEDLEY <u>\$8 PREMIUM MEAL</u> SPICY CHICKEN & GRITS	14 TENDER BEEF AND BROCCOLI STEAMED RICE SAUTEED RED CABBAGE VEGETABLE EGGROLL	15 CHICKEN SPAGHETTI ROSAY ROASTED CAULIFLOWER CRAZY BREAD	16 BREAKFAST TACO BACON EGG AND CHEESE OR POTATO EGG AND CHEESE ROASTED POTATOES, FRESH FRUIT <u>SOUP OF THE DAY</u> CHICKEN NOODLE	17 ULTIMATE GRILLED CHEESE SANDWICH W/ TOMATO BASIL SOUP TANGALO FRUIT SALAD
20 NO SCHOOL	21 TEXAS RUBBED GRILLED CHICKEN SANDWICH BAKED TATER TOTS CELERY & CARROT STICKS <u>\$8 PREMIUM MEAL</u> JALEPENO POPPER BURGER	22 BAKED ZITI (ITALIAN SAUSAGE & PEPPERONI) W/ LEMON BASIL DRIZZLE HOMEMADE FOCACCIA BREAD GREEN BEAN MEDLEY	23 CHICKEN AND SAUSAGE GUMBO JASMINE RICE SWEET CORNBREAD	24 PIZZA DAY PEPPERONI OR CHEESE KALE & ROMAINE CAESAR SALAD FRESH FRUIT
27 NATIONAL CHOCOLATE CAKE DAY MEATBALL SUB FALL ROASTED VEGETABLES <u>\$8 PREMIUM MEAL</u> GRILLED SALMON	28 TENDER STEAK QUESIDILLAS W/ SPECIAL YCC SAUCE GREAT NORTHERN BEAN GLAZED CARROTS	29 CREAMY PESTO CHICKEN PASTA OR PASTA PRIMAVERA (VEGETARIAN) GARLIC BREADSTICK ITALIAN BROCCOLI	30 CHICKEN & WAFFLES FRESH FRUIT <u>SOUP OF THE DAY</u> MINISTRONE (VEGETABLE)	31 CHICKEN GYROS ROASTED SWEET POTATOES COLE SLAW

WEEKLY GRAB & GO

- TUESDAY**
Fried Shrimp Basket
Calzones
Fries
- WEDNESDAY**
Breaded Chicken Sandwich
Spicy Chicken Sandwich
Waffle Fries
- THURSDAY**
Smash Burgers
Regular, Cheese, or Bacon & Cheese
French Fries
Jumbo Pretzels
- FRIDAY**
Hand-Breaded Chicken Tenders
Signature Sauces
Bone-In Wings (Buffalo, Plain, and Chili Lime)
French Fries

Signature Entrée Salads Offered Daily \$7.00
Garden Salad Offered Daily \$3.50
Variety Wraps Offered Daily \$5.75

NOW OFFERING BAKED POTATOES
DAILY
TOPPINGS AVAILABLE:
SOUR CREAM, BACON, CHEESE,
AND BUTTER

EXECUTIVE MANAGER
Gabriel McKnight
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LOCAL VENDORS
The Common Market
#44 Farms

Fruits and vegetables provided by the local Atkinsons farm



Gluten-free options available everyday including bun substitution and gluten-free pasta. In addition to this menu, we offer snacks, healthy snacks and beverages.